

*On-going!!*

# jazzercise®

**Mondays, Wednesdays & Fridays: 5:50-6:50 pm**  
**Saturdays: 9:00-10:00 am**

**Location: Robbinsdale Public Safety Bldg, Community Room**  
**4101 Hubbard Avenue No.**

**www.jazzercise.com for more information and specials**

**Payment Options:**

- ✓ 12 months—\$45/month  
    \$30 one time joining fee
- ✓ \$65 month to month
- ✓ \$12/class—10 class package (\$120)
- ✓ 1 time—\$15/pay at door

Register online at Jazzercise Robbinsdale or  
email [luannakoehler@gmail.com](mailto:luannakoehler@gmail.com)



**Jazzercise, the #1  
fitness program in the  
USA is offered through  
the Robbinsdale  
Recreation Services  
Department.**

- ✓ Unique combination of effective exercise jazz-dance movements and popular music;
- ✓ Great package of fitness and fun that conditions your cardiovascular system and your muscles in a noncompetitive atmosphere;
- ✓ Choreography that's always new and exciting;
- ✓ Includes a warm up, an aerobic segment, muscle toning & flexibility exercise & cool down—all under the direction of a certified instructor;
- ✓ Suitable for all ages—you set your own pace;
- ✓ Classes last 55-65 minutes;
- ✓ Registration online.
- ✓ You can register and start the classes—on the day YOU want!
- ✓ On-line registration now available!
- ✓ Bring your water bottle, mat and enthusiasm! Bring a friend!

**Start any  
day listed!**

**For more information, you can call 1-800-FIT-IS-IT or  
Robbinsdale Recreation Services Department at 763-531-1278.**